

London Centre of Self-Realization Fellowship

Newsletter December 2011 - June 2012

"Self-Realization Fellowship signifies fellowship with God through self-realization and friendship with all truth-seeking souls" - Paramahansa Yogananda

Dear Friends,

Warmest greetings from the London Centre. With this newsletter we bring you details of our programme of special services, retreats, and other spiritual gatherings for the coming six months. We look forward to meeting many of you as you join us in the Centre's activities at 82A Chiltern Street, London W1U 5AQ.

Please note there will be NO service on Christmas Day, Sunday 25th December 2011.

There will be services on Tuesday 27th December and Sunday 1st January as usual.

Please also note that there will be major refurbishment works at the centre from January 16 for approximately 4 months, during which services will be held in the social hall. We appreciate your understanding at this time and apologise for any inconvenience that may be caused. We are confident everyone will be able to enjoy a much-improved building when all the renovations are completed.

SPECIAL SERVICES

Regular service details are available at the London Centre website (www.srf-london.org.uk). This newsletter only lists those services that are held in addition to the regular ones. For each of the services, we ask that you please plan to arrive early in order not to disturb those quietly meditating, and for the commemorations you are invited to bring devotional offerings of a flower and a donation (in an envelope).

December 2011	Saturday 31 st	9.30pm - 12.30am	New Year's Eve Meditation
January 2012	Thursday 5 th	7pm - 8.45pm	Paramahansa Yogananda Birthday
	Saturday 7 th	10am - 4pm	Paramahansa Yogananda Commemorative Meditation
February	Sunday 12 th	12.30pm - 3.30pm	Long Meditation
March	Wednesday 7 th	7pm - 8.45pm	Paramahansa Yogananda Mahasamadhi
	Friday 9 th	7pm - 8.45pm	Sri Yukteswar Mahasamadhi
	Sunday 11 th	12.30pm - 3.30pm	Long Meditation
April	Friday 6 th	12pm - 3pm	Good Friday Meditation
	Sunday 8 th	8.15am - 9.15am	Easter Sunrise Service
	Sunday 8 th	12.30pm - 3.30pm	Long Meditation
May	Thursday 10 th	7pm - 8.45 pm	Sri Yukteswar Birthday
	Sunday 13 th	12.30pm - 3.30pm	Long Meditation
June	Saturday 9 th	9am - 2pm	Long Meditation
	Sunday 17 th	10am - 5.30pm	One Day Retreat

GITA READINGS

There will be Gita readings held every month on the following dates.

January 2012	Sunday 22 nd	12.30pm - 1.30pm
February	Sunday 19 th	12.30pm - 1.30pm
March	Sunday 18 th	12.30pm - 1.30pm
April	Sunday 15 th	12.30pm - 1.30pm
May	Sunday 20 th	12.30pm - 1.30pm
June	Sunday 10 th	12.30pm - 1.30pm

FAMILY SERVICES, SUNDAY SCHOOL AND TEENS GROUP MEETINGS

For details of Family services, Sunday School and Teens activities, or to volunteer to help, please contact the Sunday School Co-ordinator on 020 8952 6373, Email: sundayschool@srf-london.org.uk or Teens Leader on 07956 495045 Email: teens@srf-london.org.uk

VOLUNTEERS

The London Centre is always grateful for volunteers to assist in running the Centre. If you would like to offer your services please kindly contact the volunteer co-ordinator, Katharina Landbrecht on Tel: 07853 220161, Email: klandbrecht@gmail.com.

ANNUAL ELECTIONS

The elections for the managing council and service readers will be held on Sunday January 29th at 12.15pm. All branch members are encouraged to take part.

SRF MEDITATION CIRCLES IN THE UK

There are Meditation Circles in or near Bath, Birmingham, Cambridge, Crewe & Nantwich, Edinburgh, Essex, Hampshire, Leeds, Loughborough, Manchester, North Wales, Reading, Selkirk, South Somerset, Surrey, Wakefield and Lancing (West Sussex). There are also meditation circles in Ireland: Dublin and Dundalk. If you would like details for these groups, please contact Jane Ingram, Tel; 01245 222018, Email:

jeanneingram@btopenworld.com or Ian Kendall, Tel: 020 8979 3498, Email: ian.kendall@talk21.com.

SOCIAL GATHERINGS

There will be no social gatherings from January to April due to refurbishment works. Socials will continue from May/ June after Thursday evening and Sunday morning services. You are warmly invited to join with us on the following days:

Thursdays	Sundays
May 24 th (if refurbishment finished)	May 27 th (if refurbishment finished)
June 28 th	June 24 th

On Thursdays light refreshments are provided. On Sundays you are invited to bring food to share.

RETREATS

One-Day Retreats:

Date(s)	Venue	Contact Name	Tel/Email
Sunday June 17 th	Chiltern Street	Bharathy Prabaharan	07846 598261 bharathy.prabaharan@ntlworld.com

Please bring an individual packed lunch to the one-day retreats. There will be a shared tea at the close and if you would like to contribute refreshments, please contact the organiser.

Weekend Retreats:

Date(s)	Venue	Contact Name	Tel/Email	Booking Deadline
Friday to Sunday March 16 th – 18 th	Ladywell Retreat Centre, Godalming	Mr Ian Stratford	0190 376 7296 ianstrat2@yahoo.com	Feb 25 th

Other Retreats held in Cheshire are also available – for details please contact Alan Watt on Tel: 01509 415243, or Email: a_watt@live.co.uk.

CHEQUE PAYMENTS

If you are making a donation to the London Centre or paying for items from the book room, we ask that you kindly make cheques payable to 'London Centre of SRF-UK'. The bank will no longer accept cheques payable to 'SRF-UK'.

LONDON CENTRE MAILING LIST

The twice-yearly Newsletter and other information are available at the Centre and are also on the London Centre website at www.srf-london.org.uk. We send these out to those with email addresses on the London Centre mailing list, or by post to those who cannot go to the Centre and do not have access to a computer. Sending newsletters by email is more economical for us.

To have your email or postal addresses added to our mailing list, please send your details to: Bill and Brenda Deller, Tel: 01189 476946, or Email: bandb.deller@ntlworld.com.

*"Learn to be still in body and mind, for where motion ceases, there begins the perception of God."
Paramahansa Yogananda*