

Reopening the London Centre of Self-Realization Fellowship: COVID measures from October to December 2021

The London Centre reopened **on Sunday 3rd October** and will operate as described below.

1. From October to December the London Centre will open only for Sunday morning services: the meditation service 9:30-10:50 and inspirational service 11:00-12:00.
2. The Centre will remain closed on Sunday 26 December. There will be no Christmas meditation at the Centre. Devotees are encouraged to attend the Christmas meditation via the [SRF Online Meditation Centre](#).
3. The Centre will close 15 minutes after the end of the inspirational service. Devotees are encouraged to socialise outside the Centre.
4. There will be no booking system to attend the services.
5. Sunday school, Lessons and Gita classes and socials will not run until further notice.
6. The book room and kitchen will remain close to all until further notice.
7. COVID measures.
 - a. Everybody who wishes to enter the Centre will need to wear a face mask covering mouth and nose.
 - b. While moving inside the Centre, everybody must wear a mask covering mouth and nose.
 - c. **In the chapel, a face mask must be worn at all times.** The service reader is allowed to remove their mask only when speaking.
 - d. **In the social hall**, which will be audio and video linked to the chapel, **face masks can be taken off when meditating** (while keeping them on when moving around).
 - e. Seats in the chapel and social hall will be socially distanced at about 1.5m.
 - f. A maximum of 3 people will be allowed in the main toilet facilities at any one time.
 - g. Windows will be kept open in the chapel and social hall for the duration of the services. In cold weather please dress warmly.
 - h. The inspirational service will not include an offertory. Devotees who wish to make a donation are requested to do so via a new cashless device placed in the lobby.
 - i. All will be encouraged to sanitise their hands before entering the chapel and social hall. Hand sanitisers and wipes will be provided.

Those who do not wish to comply with mask wearing and the other COVID measures described above will be respectfully asked to leave the Centre and not to attend in-person services at this time. Thank you for your cooperation.